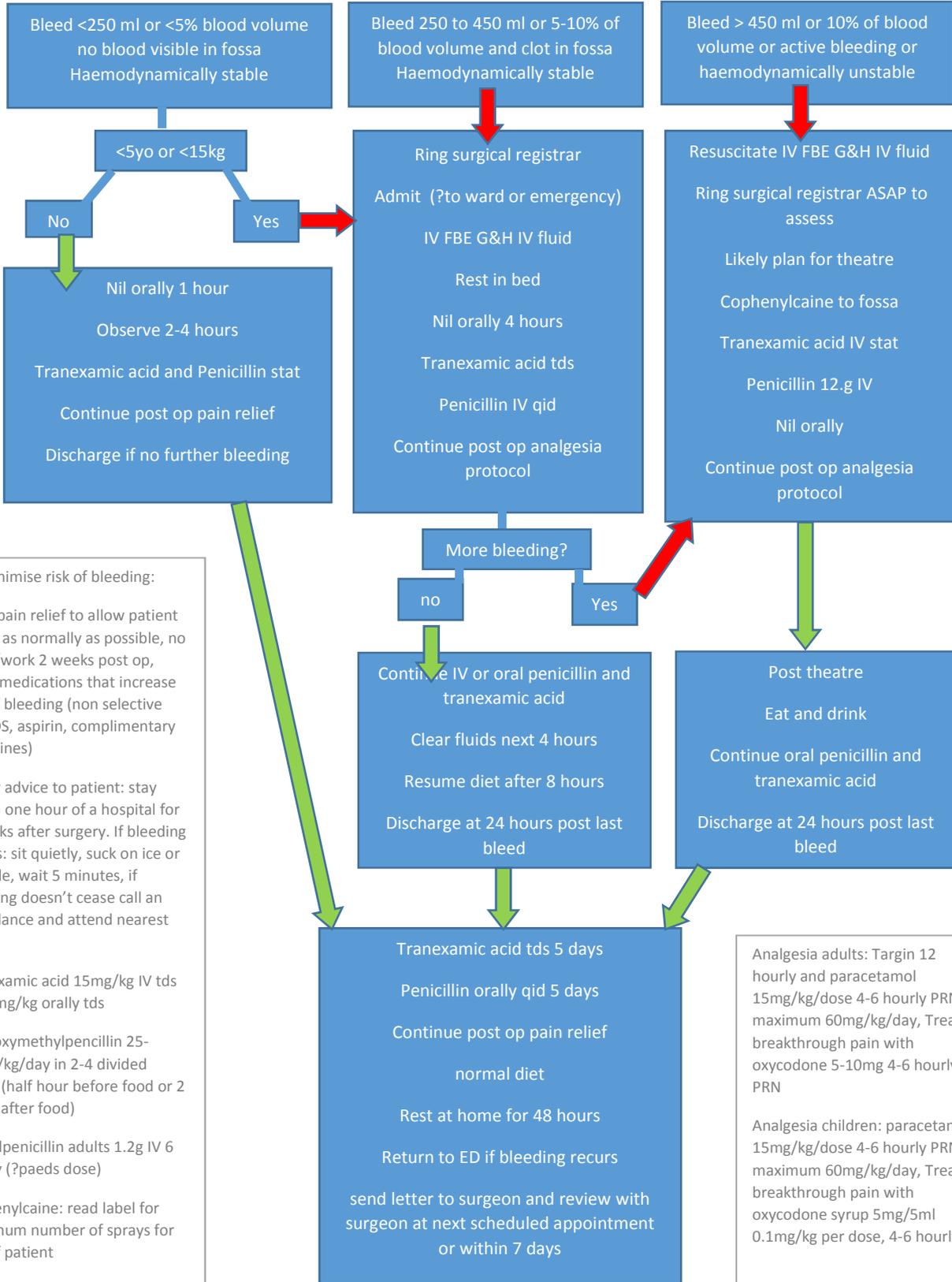


# Post tonsillectomy haemorrhage

Calculating blood volume:  
adult: 60ml/kg, child 70-80ml/kg



To minimise risk of bleeding:  
good pain relief to allow patient to eat as normally as possible, no sport/work 2 weeks post op, avoid medications that increase risk of bleeding (non selective NSAIDS, aspirin, complimentary medicines)

Safety advice to patient: stay within one hour of a hospital for 2 weeks after surgery. If bleeding occurs: sit quietly, suck on ice or icy pole, wait 5 minutes, if bleeding doesn't cease call an ambulance and attend nearest ED

Tranexamic acid 15mg/kg IV tds or 25mg/kg orally tds

Phenoxyethylpenicillin 25-50mg/kg/day in 2-4 divided doses (half hour before food or 2 hours after food)

Benzylpenicillin adults 1.2g IV 6 hourly (?paeds dose)

Cophenylcaine: read label for maximum number of sprays for age of patient

Analgesia adults: Targin 12 hourly and paracetamol 15mg/kg/dose 4-6 hourly PRN maximum 60mg/kg/day, Treat breakthrough pain with oxycodone 5-10mg 4-6 hourly PRN

Analgesia children: paracetamol 15mg/kg/dose 4-6 hourly PRN maximum 60mg/kg/day, Treat breakthrough pain with oxycodone syrup 5mg/5ml 0.1mg/kg per dose, 4-6 hourly